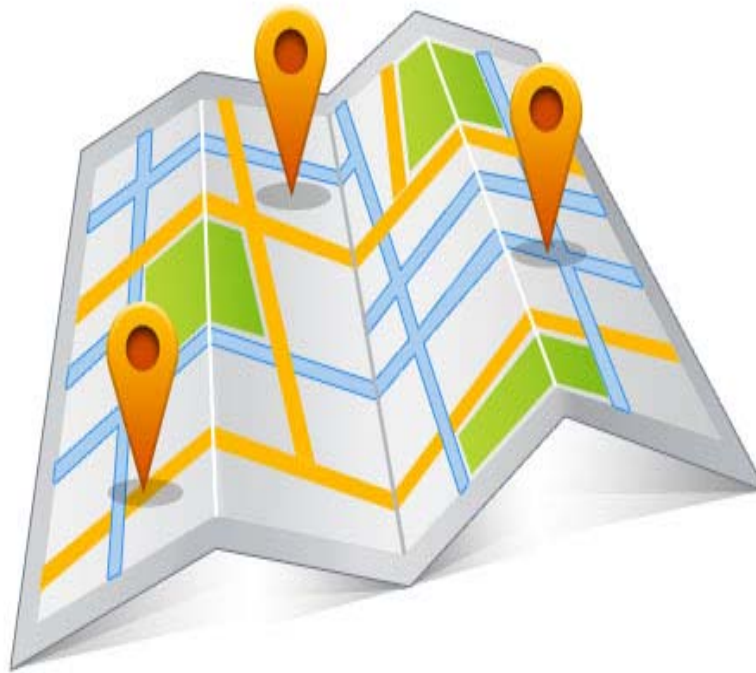




## Community Resource Guide

Information compiled by:  
**Community Centered Emergency Room Project**  
*a program of Social Model Recovery Systems, Inc.*

**Current as of June 25, 2015**



## **HISTORY OF NEEDS SPECIAL ASSISTANCE WORKGROUP**

During the past several years, LAC+USC Medical Center in partnership with the Departments of Mental Health (DMH), Public Health – Substance Abuse Prevention and Control Division (DPH-SAPC), Public Social Services (DPSS), Los Angeles Housing Services Authority (LAHSA), along with various community-based service providers, has implemented a collaborative effort aimed at reducing the inappropriate overuse of the hospital’s emergency department.

This collaborative initiative, known as the Needs Special Assistance Workgroup, has successfully diverted hundreds of individuals from the hospital emergency department waiting room and linked them to more appropriate services, including permanent and transitional housing, health homes, as well as mental health and/or substance use treatment services.

A commitment resulting from our August 2014 Town Hall meeting, to identify and exchange critical resources near LAC+USC Medical Center, led to the creation of this resource guide. The directory is listed in alphabetical order by area of focus, and includes a description of services and contact information.

We strived to include as many services as possible; however, we realize this guide is not exhaustive as there are a plethora of local service providers. All of the resources listed were confirmed at the time of publication.

We hope this brief guide helps to increase access, expand our reach, and link partners in improving the quality of life for all community members.

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COMMUNITY RESOURCE GUIDE

Substance Abuse Services

<b>Provider</b>	<b>Antelope Valley Rehabilitation Center</b>
<b>Address</b>	Residential Services: 30500 Arrastre Canyon Road. Acton, CA 93510  Outpatient Services: 44900 N. 60th Street West Lancaster, CA 93536
<b>Phone</b>	661.223.8700 For a free assessment call 844.290.3482
<b>Services</b>	Provides affordable and comprehensive (ages 18+) outpatient and residential substance use disorder treatment programs (90 - 120 days).
<b>Hours</b>	Hours vary, please call.

<b>Provider</b>	<b>Behavioral Health Services, Inc. – Lincoln Heights Family Recovery Center</b>
<b>Address</b>	4099 N. Mission Road Los Angeles, CA 90032
<b>Phone</b>	323.221.1746
<b>Services</b>	Provides a comprehensive program of education, counseling, and intensive treatment for the most emotionally disturbed adolescents.
<b>Hours</b>	Monday – Friday: 9:00 am – 6:00 pm, except Wednesday: 11:00 am – 8:00 pm

<b>Provider</b>	<b>California Hispanic Commission on Alcohol and Drug Abuse, Inc.</b>
<b>Address</b>	2436 Wabash Avenue Los Angeles, CA 90033
<b>Phone</b>	323.780.8756 or 323.261.7810
<b>Services</b>	Provides an array of services, including residential services (Proposition 36).
<b>Hours</b>	Hours vary, please call.

<b>Provider</b>	<b>Clínica Monseñor Oscar A. Romero – Adult and Youth Substance Abuse Counseling (Outpatient)</b>
<b>Address</b>	2032 Marengo Street Los Angeles, CA 90033

<b>Phone</b>	English: 323.987.1034 Spanish: 323.987.1421
<b>Services</b>	Offers counseling services in English and Spanish, including anger management, parenting and domestic violence classes (Medi-Cal accepted).
<b>Hours</b>	Monday: 8:00 am – 5:00 pm Tuesday – Friday: 8:00 am – 7:00 pm Saturday: 8:00 am – 4:00 pm

<b>Provider</b>	<b>El Centro De Ayuda</b>
<b>Address</b>	1972 E. Cesar Chavez Avenue Los Angeles, CA 90033
<b>Phone</b>	323.265.9228
<b>Services</b>	Offers an array of social services for youth and adults, including individual and group counseling, drug diversion, domestic violence and anger management.
<b>Hours</b>	Monday – Thursday: 8:00 am – 8:00 pm Friday: Closed.

<b>Provider</b>	<b>Mariposa, a program of Social Model Recovery Systems, Inc.</b>
<b>Address</b>	453 S. Indiana Street Los Angeles, CA 90063
<b>Phone</b>	323.266.7725
<b>Services</b>	Provides comprehensive residential drug and alcohol treatment for women and women with children in a nurturing environment.
<b>Hours</b>	Hours vary, please call.

<b>Provider</b>	<b>Mental Health &amp; Addiction Services for Adolescents (MASA, a program of CHCADA)</b>
<b>Address</b>	2309 Daly Street Los Angeles, CA 90031
<b>Phone</b>	323.222.4591
<b>Services</b>	Provides comprehensive, culturally sensitive and relevant treatment for Hispanic adolescents with mental health and substance abuse issues.
<b>Hours</b>	Monday – Friday: 9:00 am – 6:00 pm

<b>Provider</b>	<b>Socorro (Cri-Help)</b>
<b>Address</b>	2010 N. Lincoln Park Avenue Los Angeles, CA 90031
<b>Phone</b>	323.222.1440 800.254.9808
<b>Services</b>	Provides adult residential and outpatient treatment services in Spanish and English.
<b>Hours</b>	Monday – Friday: 8:30 am – 4:30 pm

<b>Provider</b>	<b>Socorro Outpatient (Cri-Help)</b>
<b>Address</b>	2029 Keith Street Los Angeles, CA 90031
<b>Phone</b>	323.222.6509
<b>Services</b>	Provides outpatient alcohol and drug treatment (Medical accepted).
<b>Hours</b>	Hours vary, please call.

<b>Provider</b>	<b>Zonal – Boyle Heights (AltaMed/BAART Programs)</b>
<b>Address</b>	1701 Zonal Avenue Los Angeles, CA 90033
<b>Phone</b>	323.223.6146
<b>Services</b>	Provides comprehensive medical and substance abuse services, including narcotic treatment and maintenance.
<b>Hours</b>	Monday – Friday: 5:30 am – 5:00 pm

## Community Resource Guide

### Mental Health

<b>Provider</b>	<b>Alma Family Services</b>
<b>Address</b>	The Wellness Center at the Historic General Hospital 1200 N. State Street, Suite 1015 Los Angeles, CA 90033
<b>Phone</b>	213.344.3799
<b>Services</b>	Provides a range of multi-lingual community-based and mental health services for families and individuals including those with special needs.
<b>Hours</b>	Hours vary, please call.

<b>Provider</b>	<b>Behavioral Health Services, Inc.</b>
<b>Address</b>	3421 E. Olympic Boulevard Los Angeles, CA 90023
<b>Phone</b>	323.262.1786
<b>Services</b>	Provides drug and alcohol treatment programs, mental health and senior services.
<b>Hours</b>	Hours vary, please call.

<b>Provider</b>	<b>Clínica Monseñor Oscar A. Romero</b>
<b>Address</b>	2032 Marengo Street Los Angeles, CA 90033
<b>Phone</b>	323.987.1030
<b>Services</b>	Provides low-cost primary care, disease prevention, dental, vision and mental health services for individuals of all ages.
<b>Hours</b>	Monday – Friday: 8:00 am -5:00 pm

<b>Provider</b>	<b>Department of Mental Health - Countywide Resource Management</b>
<b>Address</b>	1925 Daly Street, 2nd Floor Los Angeles, CA 90031
<b>Phone</b>	323.226.4448
<b>Services</b>	Provides coordination, linkage, and integration of inpatient and residential services throughout the system to reduce rates of re-hospitalization, incarceration, and the need for long-term treatment.
<b>Hours</b>	24/7 hotline at 800.854.7771

<b>Provider</b>	<b>East Los Angeles Women's Center</b>
<b>Address</b>	The Wellness Center at the Historic General Hospital in Boyle Heights 1200 N. State Street, Suite 1041 Los Angeles, CA 90033
<b>Phone</b>	213.481.6030
<b>Services</b>	Provides mental health, domestic violence, sexual assault, HIV/AIDS, youth programs and Promotoras trainings.
<b>Hours</b>	Hours vary, please call.

<b>Provider</b>	<b>ENKI Health and Research Systems, Inc. (Youth &amp; Family Services)</b>
<b>Address</b>	560 S. St. Louis Street Los Angeles, CA 90033
<b>Phone</b>	For appointment call 866.277.1302
<b>Services</b>	Provides multi-lingual behavioral health services, including mental health services to SED children and adolescents and severely mentally ill adults.
<b>Hours</b>	Monday – Friday: 8:00 am – 5:00 pm

<b>Provider</b>	<b>Exodus Recovery – Eastside Urgent Care Center</b>
<b>Address</b>	1920 Marengo Street Los Angeles, CA 90033
<b>Phone</b>	323.276.6400
<b>Services</b>	Provides an array of mental health services to individuals in crisis (ages 12+).
<b>Hours</b>	24 hours

<b>Provider</b>	<b>Gateways Percy Village Adult Residential Facility</b>
<b>Address</b>	3455 Percy Street Los Angeles, CA 90023
<b>Phone</b>	323.268.2100
<b>Services</b>	Provides enriched treatment in a residential environment with intensive mental health supportive services to adults ready to transition from locked placements to community living.
<b>Hours</b>	Monday – Friday: 8:00 am – 5:00 pm



<b>Provider</b>	<b>Homeboy Industries</b>
<b>Address</b>	130 W. Bruno Street Los Angeles, CA 90012
<b>Phone</b>	323.526.1254
<b>Services</b>	Provides trauma-informed clinical services to its participants, including mental health and substance abuse services.
<b>Hours</b>	Monday – Friday: 9:00 am – 5:00 pm

<b>Provider</b>	<b>MELA Counseling Services Center, INC.</b>
<b>Address</b>	5723 Whittier Boulevard Los Angeles, CA 90022
<b>Phone</b>	323.721-6855
<b>Services</b>	Provides treatment services to address mental and substance use disorders as well, as drug counseling and education, and random drug testing for pre-employment.
<b>Hours</b>	Hours vary, please call.

<b>Provider</b>	<b>Northeast Mental Health Center</b>
<b>Address</b>	5321 Via Marisol Los Angeles, CA 90042
<b>Phone</b>	Access Hotline: 800.854.7771
<b>Services</b>	Provides psychiatric medication support as well as individual and group mental health services.
<b>Hours</b>	Monday – Friday: 8:00 am – 5:00 pm

<b>Provider</b>	<b>Principles, Inc.</b>
<b>Address</b>	1680 N. Fair Oaks Avenue Pasadena, CA 91103
<b>Phone</b>	323.681.2575
<b>Services</b>	Offers residential services for alcohol and other drug treatment as well as drug court, couples group counseling, and family counseling.
<b>Hours</b>	Hours vary, please call.

<b>Provider</b>	<b>Violence Intervention Program, Community Mental Health Center Inc.</b>
<b>Address</b>	1721 Griffin Avenue Los Angeles, CA 90031
<b>Phone</b>	323.221.4134
<b>Services</b>	Provides patient-centered programs for children who have experienced extreme trauma and abuse.
<b>Hours</b>	Hours vary, please call.

COMMUNITY RESOURCE GUIDE

Healthcare Resources

<b>Provider</b>	<b>AltaMed Health Services - East LA - 1st Street</b>
<b>Address</b>	2219 E. 1st Street Los Angeles, CA 90033
<b>Phone</b>	323.269.0421
<b>Services</b>	Provides medical and dental care.
<b>Hours</b>	Monday, Wednesday and Friday: 8:00 am – 5:00 pm Tuesday and Thursday: 9:00 am – 5:00 pm

<b>Provider</b>	<b>Arroyo Vista Family Health Foundation – Lincoln Heights</b>
<b>Address</b>	2411 N. Broadway Los Angeles, CA 90031
<b>Phone</b>	323.987.2000
<b>Services</b>	Provides a comprehensive range of medical, dental, optometry, imaging, and pharmaceutical services for all ages. Transportation assistance is also available.
<b>Hours</b>	Monday – Friday: 8:00 am – 6:00 pm Saturday: 8:00 am – 4:30 pm

<b>Provider</b>	<b>Clinica Monseñor Oscar A. Romero - Northeast Health Center</b>
<b>Address</b>	2032 Marengo Street Los Angeles, CA 90033
<b>Phone</b>	323.987.1030
<b>Services</b>	Provides an array of health services, including medical, dental, vision, mental health, pediatric, and pharmaceutical.
<b>Hours</b>	Monday – Friday: 7:30 am – 5:00 pm

<b>Provider</b>	<b>Sexually Transmitted Diseases</b>
<b>Phone</b>	Hotline: 213.744.5949
<b>Services</b>	Provides referrals concerning sexual transmitted diseases.
<b>Hours</b>	Monday – Friday 9:00 am – 5:00 pm

<b>Provider</b>	<b>St. John's Well Child and Family Center - Lincoln Heights</b>
<b>Address</b>	2512 Alta Street Los Angeles, CA 90031
<b>Phone</b>	323.441.2139
<b>Services</b>	Provides a broad array of health care services, including medical, dental, family planning and pregnancy, STDs, mental health, and HIV/AIDS.
<b>Hours</b>	Monday/Thursday/Friday: – 8:30 am – 5:00 pm Tuesday: 8:30 am – 7:00 pm Wednesday: 8:30 am – 2:00 pm Saturday: 7:30 am – 3:30 pm

<b>Provider</b>	<b>Universal Health Foundation</b>
<b>Address</b>	2020 E. 1st Street Los Angeles, CA 90033
<b>Phone</b>	323.980.9600
<b>Services</b>	Provides medical and mental health services.
<b>Hours</b>	Monday – Friday: 9:00 am – 5:00 pm

<b>Provider</b>	<b>White Memorial Medical Center</b>
<b>Address</b>	1720 Cesar E. Chavez Avenue Los Angeles, CA 90033
<b>Phone</b>	323.268.5000
<b>Services</b>	Provides behavioral medicine, cardiac and vascular care, intensive and general medical care, oncology, orthopedic care, rehabilitation, specialized and general surgery, and women's and children's services.
<b>Hours</b>	Monday – Friday: 9:00 am – 4:00 pm

<b>Provider</b>	<b>Zonal – Boyle Heights (AltaMed/BAART Programs)</b>
<b>Address</b>	1701 Zonal Avenue Los Angeles, CA 90033
<b>Phone</b>	323.223.6146
<b>Services</b>	Provides comprehensive medical services, including primary medical care, dental and senior services as well as health education, youth services and HIV/AIDS care.
<b>Hours</b>	Monday – Friday: 5:30 am – 5:00 pm

**COMMUNITY RESOURCE GUIDE**

**Cultural, Social and Faith-Based Support**

<b>Provider</b>	<b>Alcoholics Anonymous (AA)</b>
<b>Phone</b>	Hotline: 800.923.8722
<b>Services</b>	Provides referrals to local meetings.

**Local AA Meetings:**

<b>Address</b>	Hollenbeck Recreational Center 415 S. Saint Louis Street Los Angeles, CA 90033
<b>Hours</b>	Open meetings Monday, Wednesday, and Friday: 8:00 pm

<b>Address</b>	2612 Workman Street Lincoln Heights, CA 90031
<b>Hours</b>	Open meeting/bilingual participation Every Saturday: 8:30 pm

<b>Address</b>	Lincoln Recreational Park 3501 Valley Blvd Los Angeles, CA 90031
<b>Hours</b>	Every Thursday: 7:00 pm

<b>Address</b>	5723 Whittier Boulevard
<b>Hours</b>	East LA Big Book Study Group - MELA Counseling Service Center Every Wednesday: 7:00 pm

<b>Provider</b>	<b>American Diabetes Association</b>
<b>Address</b>	The Wellness Center at the Historic General Hospital in Boyle Heights 1200 N. State Street, Suite 1021 Los Angeles, CA 90033
<b>Phone</b>	213.674.8847
<b>Services</b>	Provides education on nutrition and diabetes related topics. Programs include Por Tu Familia, Live Empowered, and Living with Type 2 Diabetes.
<b>Hours</b>	Monday – Friday: 9:00 am – 4:30 pm Saturday: 9:00 am – 1:00 pm

<b>Provider</b>	<b>American Heart Association</b>
<b>Address</b>	The Wellness Center at the Historic General Hospital in Boyle Heights 1200 N. State Street, Suite 1024 Los Angeles, CA 90033
<b>Phone</b>	213.674.8830
<b>Services</b>	Provides education on healthy heart- related topics.
<b>Hours</b>	Monday, Tuesday and Wednesday: 9:00 am – 4:00 pm Friday: 9:00 am – 3:00 pm

<b>Provider</b>	<b>Angel InterFaith Network</b>
<b>Address</b>	1911 Zonal Avenue Los Angeles, CA 90033
<b>Phone</b>	323.226.6923
<b>Services</b>	Provides unique physical and spiritual needs to patients and families with neighbor to neighbor support through a partnership with L.A. County + USC Healthcare Network.
<b>Hours</b>	Monday – Friday: 9:00 am – 3:00 pm

<b>Provider</b>	<b>Arthritis Foundation</b>
<b>Address</b>	The Wellness Center at the Historic General Hospital in Boyle Heights 1200 N. State Street, Suite 1044 Los Angeles, CA 90033
<b>Phone</b>	213.784.9191
<b>Services</b>	Provides education on managing arthritis and how to access additional support services, including advice from medical experts, and modified fitness classes.
<b>Hours</b>	Monday, Tuesday and Wednesday: 9:00 am – 11:30 am Thursday: 9:00 am – 12:30 pm

<b>Provider</b>	<b>Benjamin Franklin Branch (Los Angeles Public Library)</b>
<b>Address</b>	2200 E. 1st Street Los Angeles, CA 90033
<b>Phone</b>	323.263.6901
<b>Services</b>	Provides free access to learning resources, internet (Wi-Fi), and educational programs, including adult literacy services, activities, early learning area, and meeting room rental.
<b>Hours</b>	Monday and Wednesday: 10:00 – 8:00 pm Tuesday and Thursday: 12:00 pm – 8:00 pm Friday and Saturday: 9:30 am – 5:30 pm

<b>Provider</b>	<b>BIENESTAR</b>
<b>Address</b>	5326 E. Beverly Blvd. Los Angeles, CA 90022
<b>Phone</b>	323.727.7896
<b>Services</b>	Provides an array of resources for LGBT youth and adults, including health education and awareness regarding HIV/AIDS, substance abuse and drug prevention, as well as research and advocacy.
<b>Hours</b>	Monday – Friday: 10:00 am – 7:00 pm

<b>Provider</b>	<b>Boyle Heights Neighborhood Council</b>
<b>Address</b>	2130 E. 1st Street Suite 110 Los Angeles, CA 90033
<b>Phone</b>	323.526.9307
<b>Services</b>	Provides an open line of communication between residents, Government, community organizations and businesses to promote a more vibrant community.
<b>Hours</b>	Every fourth Wednesday of the month: 6:30 pm

<b>Provider</b>	<b>Building Healthy Communities - Boyle Heights</b>
<b>Address</b>	The Wellness Center at the Historic General Hospital in Boyle Heights 1200 N. State Street, Suite 1058 Los Angeles, CA 90033
<b>Phone</b>	213.344.3787
<b>Services</b>	Provides space to agencies and residents for dialogue to address the goals of Building Healthy Communities which include, improving health systems and the physical, social, economic, and service structures that support healthy living and behaviors.
<b>Hours</b>	Hours vary, please call.

<b>Provider</b>	<b>Cocaine Anonymous</b>
<b>Phone</b>	Hotline: 888.714.8341
<b>Services</b>	Provides a fellowship for those who have a cocaine problem/addiction. Open to anyone who wants to do something about their problem.

<b>Provider</b>	<b>East Los Angeles Women Center</b>
<b>Address</b>	The Wellness Center at the Historic General Hospital in Boyle Heights 1200 N. State Street, Suite 1041 Los Angeles, CA 90033
<b>Phone</b>	213.481.6030
<b>Services</b>	Provides help for women to find “esperanza”/hope in their lives and empowers them to improve the quality of life for themselves and their children.
<b>Hours</b>	Hours vary, please call.

<b>Provider</b>	<b>East Los Angeles Women Center</b>
<b>Address</b>	Mariachi Plaza (Farmers Market) 1831 E. 1 <sup>st</sup> Street Los Angeles, CA 90033
<b>Phone</b>	213.481.6036
<b>Services</b>	Supports women and their families with resources and referrals to keep communities safe from violence.
<b>Hours</b>	Every second Friday of the month: 6:00 pm – 8:00 pm

<b>Provider</b>	<b>East Los Angeles YMCA</b>
<b>Address</b>	The Wellness Center at the Historic General Hospital 1200 N. State Street, Building #837 Los Angeles, CA 90033
<b>Phone</b>	213.481.5668
<b>Services</b>	Provides its members an array of health and fitness services, including exercise classes for all ages.
<b>Hours</b>	Monday – Thursday: 7:00 am – 8:00 pm Friday: 7:00 am – 7:00 pm Saturday: 8:00 am – 1:00 pm

<b>Provider</b>	<b>El Arca</b>
<b>Address</b>	3839 Selig Place Los Angeles, CA 90031
<b>Phone</b>	323.223.3079
<b>Services</b>	Provides comprehensive services for the developmentally disabled population and their families.
<b>Hours</b>	Monday – Friday: 7:00 am - 4:30 pm

<b>Provider</b>	<b>Gambler's Anonymous</b>
<b>Phone:</b>	Hotline: 855.222.5542
<b>Services</b>	Provides a fellowship for those who have a gambling problem/addiction. Open to anyone who wants to do something about their gambling problem.

**Local Gambler's Anonymous Meeting:**

<b>Address</b>	Resurrection Church 3324 Opal Street Los Angeles, CA, 90023
<b>Phone:</b>	323.268.1141
<b>Hours</b>	Open Meeting Tuesday: 7:00 – 8:30 pm

<b>Provider</b>	<b>Hazard Recreational Center</b>
<b>Address</b>	2230 Norfolk Street Los Angeles, CA 90033
<b>Phone</b>	213.485.6839
<b>Services</b>	Provides free and affordable recreational, physical, and cultural opportunities with a focus on families and youth development.
<b>Hours</b>	Monday – Friday: 8:00 am – 6:00 pm Saturday: 9:00 am – 4:00 pm

<b>Provider</b>	<b>Hollenbeck Police Activities League (PAL)</b>
<b>Address</b>	2111 E. First Street Los Angeles, CA 90033
<b>Phone</b>	323.224.0153
<b>Services</b>	Provides character-building, educational, sports, and life-enhancing programs to increase opportunities for youth and improve community safety.
<b>Hours</b>	Hours vary, please call.

<b>Provider</b>	<b>Hollenbeck Recreational Center</b>
<b>Address</b>	415 S. Saint Louis Street Los Angeles, CA 90033
<b>Phone</b>	323.261.0113
<b>Services</b>	Provides free and affordable recreational, physical, and cultural opportunities with a focus on families and youth development.
<b>Hours</b>	Monday – Friday: 7:00 am – 8:00 pm Saturday: 10:00 am – 4:00 pm



<b>Provider</b>	<b>L.A. Care Health Plan Family Resource Center</b>
<b>Address</b>	The Wellness Center at the Historic General Hospital in Boyle Heights 1200 N. State Street, Suite 1069 Los Angeles, CA 90033
<b>Phone</b>	213.294.2833
<b>Services</b>	Assists in applying for free and low-cost health care coverage and provides activities that are health focused.
<b>Hours</b>	Monday – Friday: 9:30 am – 6:30 pm Saturday: 9:00 am – 2:00 pm

<b>Provider</b>	<b>L.A. County Department of Public Health</b>
<b>Address</b>	The Wellness Center at the Historic General Hospital 1200 N. State Street, Suite 1040 Los Angeles, CA 90033
<b>Phone</b>	213.344.3760
<b>Services</b>	Provides access to public health nurses who answer questions from the public and connect them to relevant services, as well as classes and workshops.
<b>Hours</b>	Hours vary, please call.

<b>Provider</b>	<b>Latino Equality Alliance (LEA)</b>
<b>Address</b>	1350 N. San Pablo Street Los Angeles CA 90033
<b>Phone</b>	323.286.7224
<b>Services</b>	Provides community activism and awareness through a broad-based coalition of organizations serving the LGBT Latino population.
<b>Hours</b>	Hours vary, please call.

<b>Provider</b>	<b>Legacy LA</b>
<b>Address</b>	1350 N. San Pablo Street Los Angeles, CA 90033
<b>Phone</b>	323.222.0544
<b>Services</b>	Offers youth alternatives to gangs and violence through positive interventions, including weekly book clubs, and skill building workshops.
<b>Hours</b>	Hours vary, please call.

<b>Provider</b>	<b>Lincoln Heights Branch (Los Angeles Public Library)</b>
<b>Address</b>	2530 Workman Street Los Angeles, CA 90031
<b>Phone</b>	323.226.1692
<b>Services</b>	Provides free access to learning resources, internet (Wi-Fi), and educational programs, including adult literacy services, activities, early learning area, and meeting room rental.
<b>Hours</b>	Monday – Saturday: 9:30 - 5:30 pm Thursday: 12:00 pm – 8:00 pm

<b>Provider</b>	<b>Lincoln Heights Neighborhood Council</b>
<b>Address</b>	El Arca 3839 Selig Place Los Angeles, CA 90031
<b>Services</b>	Provides an open line of communication between residents, Government, community organizations and businesses to promote a more vibrant community.
<b>Hours</b>	Every third Thursday of the month: 6:00 pm

<b>Provider</b>	<b>Lincoln Park Recreation Center</b>
<b>Address</b>	3529 N Mission Road Los Angeles, CA 90031
<b>Phone</b>	213.847.1726
<b>Services</b>	Provides free and/or affordable recreational, and cultural opportunities.
<b>Hours</b>	Monday - Friday: 9:00 am – 9:00 pm Saturday: 9:00 am – 5:00 pm

<b>Provider</b>	<b>Malabar Branch (Los Angeles Public Library)</b>
<b>Address</b>	2801 Wabash Avenue Los Angeles, CA 90033
<b>Phone</b>	323.263.1497
<b>Services</b>	Provides free access to learning resources, internet (Wi-Fi), and educational programs, including adult literacy services, activities, early learning area, and meeting room rental.
<b>Hours</b>	Monday and Wednesday: 10:00 am – 8:00 pm Tuesday and Thursday: 12:00 pm – 8:00 pm Friday and Saturday: 9:30 am – 5:30 pm

<b>Provider</b>	<b>Maternal and Child Health Access</b>
<b>Address</b>	The Wellness Center at the Historic General Hospital 1200 N. State Street, Suite 1035 Los Angeles, CA 90033
<b>Phone</b>	213.481.6040
<b>Services</b>	Offers free and low-cost health coverage and referrals to uninsured women and families, ensuring a healthy pregnancy.
<b>Hours</b>	Monday - Wednesday: 9:00 am - 4:00 pm Tuesday: 9:00 am – 12:00 pm

<b>Provider</b>	<b>Mexican-American Opportunity Foundation</b>
<b>Address</b>	The Wellness Center at the Historic General Hospital in Boyle Heights 1200 N. State Street, Suite 1065 Los Angeles, CA 90033
<b>Phone</b>	213.481.5959
<b>Services</b>	Provides an array of services to assist Latino seniors and their caregivers with health resources and classes.
<b>Hours</b>	Tuesday, Wednesday and Thursday: 9:00 am – 12:00 pm

<b>Provider</b>	<b>Narcotics Anonymous (NA)</b>
<b>Phone</b>	Hotline: 800.863.2962
<b>Services</b>	Provides referrals to local meetings.
<b>Hours</b>	24 hours

**Local NA Meetings:**

<b>Address</b>	Lincoln Park Recreational Center 3501 Valley Blvd Los Angeles, CA, 90031
<b>Phone:</b>	213.847.1726
<b>Hours</b>	Every Friday: 7:00 pm

<b>Provider</b>	<b>National Multiple Sclerosis Society</b>
<b>Address</b>	The Wellness Center at the Historic General Hospital 1200 N. State Street, Suite 1030 Los Angeles, CA 90033
<b>Phone</b>	213.261.3544
<b>Services</b>	Provides education, resources, and referrals to those living with multiple sclerosis.
<b>Hours</b>	Monday – Friday: 8:00 am - 4:00 pm

<b>Provider</b>	<b>Robert Louis Stevenson Branch (Los Angeles Public Library)</b>
<b>Address</b>	803 Spence Street Los Angeles, CA 90023
<b>Phone</b>	323.268.4710

<b>Services</b>	Provides free access to learning resources, internet (Wi-Fi available), and educational programs, including adult literacy services, meeting room rental, and a calendar of activities and workshops.
<b>Hours</b>	Monday and Wednesday: 10:00 am – 8:00 pm Tuesday and Thursday: 12:00 pm – 8:00 pm Friday and Saturday: 9:30 am – 5:30 pm

<b>Provider</b>	<b>Sacred Heart Church</b>
<b>Address</b>	2210 Sichel Street Los Angeles, CA 90031
<b>Phone</b>	323.221.3179
<b>Services</b>	Provides religious services in both English and Spanish, as well as an academic environment for youth.
<b>Hours</b>	Hours vary, please call.

<b>Provider</b>	<b>Santa Teresita Catholic Church</b>
<b>Address</b>	2645 Zonal Avenue Los Angeles, CA 90033
<b>Phone</b>	323.221.2446
<b>Services</b>	Seeks the faith growth of its members, serves immigrants, the less fortunate, and educates children and youth (Spanish and English).
<b>Hours</b>	Hours vary, please call.

<b>Provider</b>	<b>St. Camillus Center for Spiritual Care</b>
<b>Address</b>	1911 Zonal Avenue Los Angeles, CA 90033
<b>Phone</b>	323.225.4461 x111
<b>Services</b>	Supports people in the midst of suffering and illness with holistic healing and hope.
<b>Hours</b>	Daily: 7:00 am – 5:00 pm (Chapel) Monday – Friday: 12:00 pm (Mass)

<b>Provider</b>	<b>Volunteers of America Supportive Services for Veterans Families</b>
<b>Address</b>	240 N. Breed Street Los Angeles, CA 90033
<b>Phone</b>	323.657.5550
<b>Services</b>	Provides supporting services including case management to low-income veteran families living in or transitioning into permanent housing.
<b>Hours</b>	Hours vary, please call

<b>Provider</b>	<b>Worker Education and Resource Center</b>
<b>Address</b>	The Wellness Center at the Historic General Hospital 1200 N. State Street, Los Angeles, CA 90033
<b>Phone</b>	213.481.5967

<b>Services</b>	Offers educational opportunities and resources to older youth and adults aimed at improving their skills and preparing them to pursue a career in healthcare.
<b>Hours</b>	Monday - Friday: 8:00 am-5:00 pm Saturday: 9:00 am-2:00 pm

COMMUNITY RESOURCE GUIDE

Housing

<b>Provider</b>	<b>Cesar Chavez Community - LA Family Housing Corporation</b>
<b>Address</b>	207 N. Breed Street Los Angeles, CA 90033
<b>Phone</b>	323.264.1114
<b>Services</b>	Provides emergency shelter for both homeless individuals and families. Referrals only.
<b>Hours</b>	Monday – Friday: 8:30 am – 4:30 pm

<b>Provider</b>	<b>East LA Community Corporation</b>
<b>Address</b>	530 S. Boyle Avenue Los Angeles, CA 90033
<b>Phone</b>	323.269.4214
<b>Services</b>	Develops affordable housing and neighborhood assets for low and moderate income families, builds leadership, and provides access to economic opportunities.
<b>Hours</b>	Monday – Thursday: 8:30 am – 6:00 pm Every other Friday: 8:30 am – 5:00 pm

<b>Provider</b>	<b>Guy Gabaldon Apartments (aka Beswick Senior Housing)</b>
<b>Address</b>	3553 Beswick Street Los Angeles, CA 90023
<b>Phone</b>	323.260.7500
<b>Services</b>	Provides permanent supportive housing for low income homeless and disabled senior veterans struggling to secure permanent housing.
<b>Hours</b>	Hours vary, please call.

<b>Provider</b>	<b>Jovenes, Inc.</b>
<b>Address</b>	The Wellness Center at the Historic General Hospital in Boyle Heights 1200 N. State Street, Suite 1052 Los Angeles, CA 90033
<b>Phone</b>	213.344.3773
<b>Services</b>	Seeks to promote self-sufficiency for homeless youth (ages 18 – 25) through stable housing, life-skills training, and employment support.
<b>Hours</b>	Monday – Thursday: 9:00 am – 1:00 pm Friday: 1:00 pm – 5:00 pm



**COMMUNITY RESOURCE GUIDE**

**Training and Education**

<b>Provider</b>	<b>Boyle Heights WorkSource Center</b>
<b>Address</b>	1505 E. First Street Los Angeles, CA 90033
<b>Phone</b>	213.629.5800
<b>Services</b>	Offers job seekers assistance and training to expand their skills and career opportunities and aligns them to appropriate jobs.
<b>Hours</b>	Monday – Thursday: 8:00 am – 5:00 pm Friday: 8:00 am – 4:30 pm

<b>Provider</b>	<b>East Los Angeles Occupational and Skill Center - Los Angeles Unified School District</b>
<b>Address</b>	2100 Marengo Street Los Angeles, CA 90033
<b>Phone</b>	323.276.7000
<b>Services</b>	Provides high-quality, low cost education and training for adults, including career preparation, high school diploma or GED, and ESL classes.
<b>Hours</b>	Monday - Friday: 7:30 am - 4:00 pm

<b>Provider</b>	<b>International Institute of Los Angeles</b>
<b>Address</b>	3845 Selig Place Los Angeles, CA 90031
<b>Phone</b>	323.224.3800
<b>Services</b>	Provides child care programs that emphasize education and social development.
<b>Hours</b>	Hours vary, please call.

<b>Provider</b>	<b>Roybal FamilySource Center</b>
<b>Address</b>	2130 E. First Street, Suite 110 Los Angeles, CA 90033
<b>Phone</b>	323.526.9301
<b>Services</b>	Assists low-income families in becoming self-sufficient through educational services, such as computer, ESL and child safety seat classes as well as youth academic support.
<b>Hours</b>	Hours vary, please call.



## COMMUNITY RESOURCE GUIDE

### Law Enforcement

<b>Provider</b>	<b>Community-Police Advisory Board – Hollenbeck</b>
<b>Address</b>	2111 E. First Street Los Angeles, CA 90033
<b>Phone</b>	323.342.4144
<b>Services</b>	Provides a forum for community members and law enforcement to discuss crime, quality of life issues and laws impacting the neighborhood.
<b>Hours</b>	Every 3 <sup>rd</sup> Wednesday of the month at 6:30 pm

<b>Provider</b>	<b>Los Angeles City Attorney’s Office</b>
<b>Address</b>	800 City Hall East 200 N. Main Street Los Angeles, CA 90012
<b>Phone</b>	213.978.8100
<b>Services</b>	Plays a key role in improving the quality of life in the community by reducing gang activity, preventing gun violence, defending consumer rights, prosecuting illegal marijuana dispensaries, and addressing environmental concerns. Additionally, writes municipal law, advises the City Council, Mayor and all city departments and commissions, defends the city in litigation, brings lawsuits on behalf of the People and prosecutes misdemeanor crimes such as domestic violence, drunk driving and vandalism.
<b>Hours</b>	Monday – Friday: 8:00 am – 5:00 pm

<b>Provider</b>	<b>Los Angeles Police Department – Hollenbeck Division</b>
<b>Address</b>	2111 E. First Street Los Angeles, CA 90033
<b>Phone</b>	323.342.4100
<b>Services</b>	Provides a range of resources to reduce crime as well as increase community engagement and youth programs.
<b>Hours</b>	24 hours

<b>Provider</b>	<b>Los Angeles Sheriff Department</b>
<b>Address</b>	1200 N. State Street Los Angeles, CA 90033
<b>Phone</b>	323.226.4125
<b>Services</b>	Provides a range of resources to address community safety and quality of life concerns.
<b>Hours</b>	24 hours

<b>Provider</b>	<b>Neighborhood Legal Services of LA County</b>
<b>Address</b>	The Wellness Center at the Historic General Hospital 1200 N. State Street, Suite 1014 Los Angeles, CA 90033
<b>Phone</b>	213.481.6021
<b>Services</b>	Provides free legal services to area residents who are experiencing problems accessing healthcare.
<b>Hours</b>	Hours vary, please call

<b>Provider</b>	<b>Roybal FamilySource Center VITA-Free Income Tax Preparation &amp; Financial Literacy</b>
<b>Address</b>	2130 E. 1 <sup>st</sup> Street, Suite 110 Los Angeles, CA 90033
<b>Phone</b>	323.526.9301
<b>Services</b>	Provides free tax preparation and filing for low income families.
<b>Hours</b>	By appointment only, please call.

<b>Provider</b>	<b>Social Security Administration</b>
<b>Address</b>	215 N. Soto Street Los Angeles, CA 90033
<b>Phone</b>	800.772.1213
<b>Services</b>	Provides a broad range of governmental services and benefits, including retirement, SSI and Medicare.
<b>Hours</b>	Monday – Friday: 9:00 am - 4:00 pm Wednesday: 9:00 am - 12:00 pm

<b>Provider</b>	<b>Department of Public Social Services – Financial Assistance Belvedere</b>
<b>Address</b>	5445 Whittier Blvd Los Angeles, CA 90022
<b>Phone</b>	866.613.3777
<b>Services</b>	Offers an array of social services including General Relief (temporary cash aid to indigent adults who are ineligible for federal or State programs); CalWorks (financial assists to needy families for necessary

	expenses); and Cash Assistance Program (immigrants and refugees ineligible for SSI).
<b>Hours</b>	Monday – Friday: 8:00 am – 5:00 pm

**COMMUNITY RESOURCE GUIDE**

**Food Assistance**

<b>Provider</b>	<b>Boyle Heights Senior Center</b>
<b>Address</b>	2839 E. Third Street Los Angeles, CA 90033
<b>Phone</b>	323.264.5757
<b>Services</b>	Provides sit down meals to seniors who meet eligibility criteria.
<b>Hours</b>	Monday – Friday: 11:30 am

<b>Provider</b>	<b>Catholic Charities – Brownson House</b>
<b>Address</b>	1307 Warren Street Los Angeles, CA 90033
<b>Phone</b>	323.266.3130
<b>Services</b>	Provides food assistance for low-income or homeless individuals and families.
<b>Hours</b>	Monday – Friday: 9:00 am – 1:00 pm

<b>Provider</b>	<b>Cory's Kitchen – Nueva Esperanza Church</b>
<b>Address</b>	4810 Huntington Drive Los Angeles, CA 90032
<b>Phone</b>	323.972.1330
<b>Services</b>	Assesses needs and provides emergency food assistance, including a referral program.
<b>Hours</b>	Monday: 4:30 pm – 6:30 pm

<b>Provider</b>	<b>Costello Senior Center</b>
<b>Address</b>	3121 E. Olympic Boulevard Los Angeles, CA 90023
<b>Phone</b>	323.485-9143
<b>Services</b>	Serves hot, well balanced meals to seniors, donations encouraged.
<b>Hours</b>	Hours vary, please call.

<b>Provider</b>	<b>Department of Public Social Services – Belvedere</b>
<b>Address</b>	5445 Whittier Blvd Los Angeles, CA 90022
<b>Phone</b>	866.613.3777
<b>Services</b>	Offers an array of social services including General Relief (temporary cash aid to indigent adults who are ineligible for federal or State programs); CalWorks (financial assists to needy families for necessary

	expenses); and CalFresh (benefits used instead of money at a grocery store).
<b>Hours</b>	Monday – Friday: 8:00 am – 5:00 pm

<b>Provider</b>	<b>International Institute of Los Angeles – Senior Services Division</b>
<b>Address</b>	435 S. Boyle Avenue Los Angeles, CA 90033
<b>Phone</b>	323.264.6210
<b>Services</b>	Distributes food to seniors who meet eligibility criteria.
<b>Hours</b>	2 <sup>nd</sup> Wednesday of the month: 9:00 am

<b>Provider</b>	<b>Lincoln Heights Senior Center</b>
<b>Address</b>	2323 Workman Street Los Angeles, CA 90031
<b>Phone</b>	323.264.6210
<b>Services</b>	Distributes food to seniors who meet eligibility criteria.
<b>Hours</b>	2 <sup>nd</sup> Wednesday of the month: 9:00 am

<b>Provider</b>	<b>Our Lady of Guadalupe Church</b>
<b>Address</b>	4509 Mercury Avenue Los Angeles, CA 90032
<b>Phone</b>	323.225.4201
<b>Services</b>	Provides food goods to its congregation.
<b>Hours</b>	2 <sup>nd</sup> and 4 <sup>th</sup> Thursday: 8:00 am

<b>Provider</b>	<b>Roybal FamilySource Center – Food Bank</b>
<b>Address</b>	2130 E. First Street, Suite 110 Los Angeles, CA 90033
<b>Phone</b>	323.526.9301
<b>Services</b>	Provides 100 food packages on a first-come, first-served basis to eligible recipients with identification.
<b>Hours</b>	Every Thursday: 10:00 am – 12:00 pm

<b>Provider</b>	<b>Spanish American Church</b>
<b>Address</b>	1815 E. Bridge Street Los Angeles, CA 90033
<b>Phone</b>	323.222.7063
<b>Services</b>	Distributes food to people in need.
<b>Hours</b>	Wednesday: 6:00 pm – 6:30 pm.

COMMUNITY RESOURCE GUIDE

Transportation

<b>Provider</b>	<b>Access Services, Inc. – Eligibility Center</b>
<b>Address</b>	528 S. Mateo Street Los Angeles, CA 90013
<b>Phone</b>	323.780.3291
<b>Services</b>	Provides transportation for people with disabilities who meet eligibility criteria.
<b>Hours</b>	Monday – Friday: 8:00 am – 5:00 pm

<b>Provider</b>	<b>El Arca</b>
<b>Address</b>	3839 Selig Place Los Angeles, CA 90031
<b>Phone</b>	323.223.3079
<b>Services</b>	Provides transportation services to eligible participants with developmental disabilities.
<b>Hours</b>	Hours vary, please call.

<b>Provider</b>	<b>International Institute of Los Angeles</b>
<b>Address</b>	3845 Selig Place Los Angeles, CA 90031
<b>Phone</b>	323.224.3800
<b>Services</b>	Facilitates access to services by providing transportation assistance to low-income persons and seniors.
<b>Hours</b>	Hours vary, please call.

<b>Provider</b>	<b>International Institute of Los Angeles – Senior Division Transportation Assistance Program (TAP)</b>
<b>Address</b>	435 S. Boyle Avenue Los Angeles, CA 90033
<b>Phone</b>	323.264.6210
<b>Services</b>	Provides transportation to eligible seniors.
<b>Hours</b>	Monday– Friday: 9:00 am – 3:30 pm

<b>Provider</b>	<b>Roybal FamilySource Center – Rider Relief Transportation (Metro)</b>
<b>Address</b>	2130 E. First Street, Suite 110 Los Angeles, CA 90033
<b>Phone</b>	323.526.9301
<b>Services</b>	Provides fare subsidy for public transportation who meet eligibility criteria.
<b>Hours</b>	Monday – Friday: 9:00 am – 3:00 pm, except Tuesday: 8:00 am – 6:00 pm

COMMUNITY RESOURCE GUIDE

Medical Equipment/Household Support

<b>Provider</b>	<b>Durable Medical Equipment Aid Society</b>
<b>Address</b>	Los Angeles, CA
<b>Phone</b>	818.298.9893 by appointment only
<b>Services</b>	Loans gently used, durable medical equipment to low-income individuals in the community.
<b>Hours</b>	Monday – Thursday: 9:00 am – 4:00 pm

<b>Provider</b>	<b>Moving Families Forward</b>
<b>Address</b>	Los Angeles, CA
<b>Phone</b>	818.749.2525
<b>Services</b>	Provides free furniture and household items to homeless families transitioning to permanent housing.
<b>Hours</b>	Hours vary, please call.

<b>Provider</b>	<b>Virtual Furniture Bank</b>
<b>Address</b>	Los Angeles, CA
<b>Phone</b>	323.457.4302
<b>Services</b>	Works with agencies who help homeless individuals and matches furniture needs to deliver to those being housed.
<b>Hours</b>	Hours vary, please call.



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